

This degree plan packet is meant to be a resource for current students at Texas A&M University.

If you are a prospective freshman or transfer student and would like to see if the courses listed in this packet coincide with courses you have taken or are looking to take outside of Texas A&M, please utilize one of the following resources:

**Texas A&M University Transfer Course Equivalency Site**

<https://compassx-ssb.tamu.edu/HCA/ssb/transferCourseEquivalency#!/>

**Texas Common Course Numbering System**

<https://www.tccns.org/>

**TEXAS A&M UNIVERSITY  
DEPARTMENT OF HEALTH & KINESIOLOGY  
B.S. DEGREE PLAN IN KINESIOLOGY  
BS-KINE/MS-ATTR (ETR)**

STUDENT \_\_\_\_\_ UIN# \_\_\_\_\_  
 (Last) (First) (MI)

Writing Requirement KINE 435 & KINE 482 Foreign Language (2 yrs HS OR 2 semesters University) \_\_\_\_\_

International Cultural Diversity (3) \_\_\_\_\_ Cultural Discourse (3) \_\_\_\_\_ Phone Number \_\_\_\_\_

COURSE #	HRS	GRD	COURSE #	HRS	GRD
ENGLISH & SPEECH (6)			KINESIOLOGY (18)		
<b>ENGL 103 or 104 – Comp &amp; Rhetoric</b>	3		KINE 199 #^ Strength Training	1	
<b>ENGL 210 or COMM 203^</b>	3		KINE 199 #^ Aerobic	1	
MATH (6)			<b>KINE 121# – Phys &amp; Motor Fitn Assess</b>	2	
<b>MATH 140 or 141</b>	3		<b>KINE 213 – Foundations of Kinesiology</b>	3	
<b>MATH 142 – Business Calculus</b>	3		HLTH 216 – First Aid	2	
SCIENCE (32)			HLTH 231 – Healthy Lifestyles	3	
<b>BIOL 111 – Introductory Biology I</b>	4		HLTH 354 – Medical Terminology	3	
BIOL 112 – Introductory Biology II	4		NFSC 202 – Fund of Human Nutrition	3	
<b>CHEM 119 – Fund of Chemistry I</b>	4				
CHEM 120 – Fund of Chemistry II	4		KINESIOLOGY PROFESSIONAL PHASE (9)		
<b>PHYS 201 – College Physics I</b>	4		KINE 482 – Writing Seminar +	1	
PHYS 202 – College Physics II	4		KINE 426 – Exercise Biomechanics	4	
<b>BIOL 319# – Integ Hum Anat &amp; Phys I</b>	4		KINE 433 – Exercise Physiology	3	
<b>BIOL 320# – Integ Hum Anat &amp; Phys II</b>	4		KINE 435 – Physiology of Exercise Lab +	1	
CITIZENSHIP (12)					
HIST*	3		ASSOCIATED GRADUATE WORK (24)%		
HIST*	3		ATTR 651 – Clin Edu I	2	
POLS 206 – American National Govt	3		ATTR 652 – Clin Educ II	3	
POLS 207 – State and Local Govt	3		ATTR 653 – Clin Educ III	3	
SOCIAL SCIENCE (3)			ATTR 660 – Prev and Care	3	
PSYC 107 – Intro to Psychology	3		ATTR 661 – Prev and Care Lab	1	
CREATIVE ARTS (3)*			ATTR 662 – Clin Exam and Diag	3	
	3		ATTR 663 – Clin Exam and Diag Lab	1	
LANGUAGE, PHIL & CULTURE ELECTIVE (3)*			ATTR 668 – Therapeutic Modalities	3	
	3		ATTR 669 – Ther Modalities Lab	1	
ATHLETIC TRAINING FIELD WORK (4)			KINE 601 – Reading Research	3	
ATTR 201 – Field Exp in Ath Tr I	1		KINE 681 – Seminar	1	
ATTR 202 – Field Exp in Ath Tr II	1				
ATTR 301 – Field Exp in Ath Tr I	1				
ATTR 302 – Field Exp in Ath Tr II	1				

**Important Information:**

**BOLD** courses indicate classes that **MUST** be taken before admittance to professional phase. **Shaded** courses indicate classes in **Professional Phase**

\*Refer to [core.tamu.edu](http://core.tamu.edu) to select courses to satisfy the University Core Curriculum. Proper selection of courses might meet ICD or CD requirements

^See General Rules and Curriculum spreadsheet for list of acceptable courses

#These courses must be taken at Texas A&M University

+KINE 482 and KINE 435 will fulfill the University Core Curriculum Writing Requirement; KINE 435 must be taken with or after KINE 433

% Graduate course work listed on this degree plan represents the Masters level course work that will be applied to the Bachelors degree. There will be an additional 36 hours of graduate course work required to meet Master's degree requirements beyond what is listed

All 100-499 level coursework (96 hours) must be completed within three years

STUDENT \_\_\_\_\_ DATE \_\_\_\_\_ MINIMUM HOURS REQUIRED: 120

ADVISOR \_\_\_\_\_ DATE \_\_\_\_\_ PROPOSED GRAD. DATE: \_\_\_\_\_

CHAIR, KINE \_\_\_\_\_ DATE \_\_\_\_\_

## BS-KINE MS-ATTR Catalog 142

THIS GUIDE IS INTENDED TO ASSIST IN SCHEDULING. EVERYTHING IS SUBJECT TO CHANGE.					
COURSE	PRE-REQUISITE	CLASS	SUBSTITUTE	MIN GRADE	Detailed Information
ENGL 104		U1-U2	ENGL 103	Must have a B/C combination	<b>Needed to apply to Professional Phase; Must take as U1 or U2 at TAMU, otherwise you will have to transfer this course in</b>
ENGL/COMM		U1-U4			
<b>MATH 140 or 141</b>		U1-U4	MATH 148, 152, 166, 172	C	<b>Needed to apply to Professional Phase</b>
<b>MATH 142</b>	MATH 140	U1-U4	MATH 147, 151, 171	C	<b>Needed to apply to Professional Phase; Certain TAMU MPE scores can be used as the pre-req. See Math dept. for details</b>
<b>BIOL 111</b>		U1-U4	NONE	C	<b>Needed to apply to Professional Phase</b>
BIOL 112	BIOL 111	U1-U4	BIOL 107	C	
<b>CHEM 119</b>		U1-U4	NONE	C	<b>Needed to apply to Professional Phase</b>
CHEM 120	CHEM 119	U1-U4	NONE	C	
<b>PHYS 201</b>		U1-U4	NONE	C	<b>Needed to apply to Professional Phase</b>
PHYS 202	PHYS 201	U1-U4	NONE	C	
<b>BIOL 319</b>	BIOL 111 & 112 or 107	U1-U4	NONE	C	<b>Needed to apply to Professional Phase; Must be taken at Texas A&amp;M</b>
<b>BIOL 320</b>	BIOL 319	U1-U4	NONE	C	<b>Needed to apply to Professional Phase; Must be taken at Texas A&amp;M</b>
HIST - 3 hrs		U1-U4		D	See core.tamu.edu
HIST - 3 hrs		U1-U4		D	See core.tamu.edu
POLS 206		U1-U4	NONE	D	
POLS 207		U1-U4	NONE	D	
PSYC 107		U1-U4	NONE	C	
**Creative Arts Elective		U1-U4		D	See core.tamu.edu Some courses may meet International Cultural Diversity and Cultural Discourse requirements
**Language, Phil & Culture Elective		U1-U4		D	See core.tamu.edu Some courses may meet International Cultural Diversity and Cultural Discourse requirements
ATTR 201		U1-U4	NONE	B	Must take Fall semester of second year
ATTR 202	ATTR 201	U1-U4	NONE	B	Must take Spring semester of second year
ATTR 301	ATTR 202	U3-U4	NONE	B	Must take Fall semester of third year
ATTR 302	ATTR 301	U3-U4	NONE	B	Must take Spring semester of third year
KINE 199		U1-U4		C	Must not take Pass/Fail (S/U). Aerobic Requirement - See General Rule's for list; Must be taken at Texas A&M
KINE 199		U1-U4		C	Must not take Pass/Fail (S/U). Strength Training Req - See General Rule's for list; Must be taken at Texas A&M
<b>KINE 121</b>		U1-U4	NONE	C	<b>Needed to apply to Professional Phase; Must be taken at Texas A&amp;M</b>
<b>KINE 213</b>		U1-U4	NONE	C	<b>Needed to apply to Professional Phase</b>
HLTH 216		U3-U4	NONE	C	
HLTH 231		U3-U4	NONE	C	
HLTH 354		U1-U4	NONE	C	
NFSC 202		U1-U4	NONE	C	
KINE 482+	Admission to Pro Phase	U3-U4	NONE	Pass (S)	Must be accepted to Professional Phase; Must take Pass/Fail (S/U); Writing Intensive Course
KINE 426	Admission to Pro Phase	U3-U4	NONE	C	Must be accepted to Professional Phase
KINE 433	Admission to Pro Phase	U3-U4	NONE	C	Must be accepted to Professional Phase
KINE 435+	KINE 433	U3-U4	NONE	C	Must be accepted to Professional Phase; Must take with or after KINE 433; Writing Intensive Course
ATTR 600's	All undergraduate coursework	G7	NONE	B	Must be accepted into Masters portion of the degree (MS-ATTR); Will work with graduate advisor for these courses
KINE 600's	All undergraduate coursework	G7	NONE	B	Must be accepted into Masters portion of the degree (MS-ATTR); Will work with graduate advisor for these courses
+Writing Course Requirement					
** Proper selection might also meet International Cultural Diversity and Cultural Discourse requirements - see core.tamu.edu					

**GENERAL RULES  
BS-KINE & MS-ATTR (ETR)  
CATALOG 142**

**I. REQUIREMENTS FOR ADMISSION TO THE PROFESSIONAL PHASE OF THE PROGRAM**

The following requirements indicate “preparedness” for upper level coursework.

1. Complete a minimum of 15 hours at Texas A&M
2. Minimum GPR requirement of 2.5 or higher at Texas A&M
3. Complete the following **bold** courses with a grade of “C” or better:
 

<b>ENGL 103 or 104</b>	<b>KINE 121#</b>	<b>MATH 142</b>	<b>BIOL 111</b>	<b>CHEM 119</b>	<b>PHYS 201</b>
<b>ENGL/COMM</b>	<b>KINE 213</b>	<b>MATH 140 or 141</b>	<b>BIOL 319#</b>	<b>BIOL 320#</b>	

  - May be enrolled in these courses during the semester in which you apply
  - Complete ENGL 104 and ENGL/COMM with a minimum “B/C” grade combination
  - # - Courses that must be taken at Texas A&M University
4. Complete and attach a one page Professional Resume
5. Complete and attach Application Form
  - Form should be typed and printed then signed. Handwritten forms are not accepted
  - Submit application the semester you are finishing your bolded courses
  - Advisor will email the deadline dates each semester

**Application Decision:** Notifications regarding your application decision will be sent out approximately three weeks after the deadline via email. This notification will include instructions for what you will need to do next, based the decision of your application.

**II. DESIGNATED ELECTIVES FOR ETR OPTION**

ETR does not have general electives. Instead of electives, students take Athletic Training fieldwork and Graduate level courses.

**III. KINE 199 REQUIREMENTS FOR ETR**

Aerobic Requirement	Strength Training Requirement
Action Ball	Boot Camp*
Aerobic Movement	Majors Resist/Flex
Aerobic Running/Walking	Obstacle Course*
Majors Aquatics	Pilates
Badminton/Racquetball/Pickleball	Strength Training
Basketball	Tone and Flex
Boot Camp*	X-Fit/Extreme Fitness
Cardio Fitness Swimming	Yoga
Cardio Kickboxing	
Handball	
Indoor Cycling	
Majors Fitness	
Obstacle Course*	
Soccer	
Step	
Trail Running	
Triathlon Training	
Zumba	

Here are the rules that apply to your KINE 199 requirements

1. **You must take at least one KINE 199 from each column**
2. **You must take these courses for a grade. They cannot be taken Pass/Fail**
3. **You must take these courses at Texas A&M. These courses cannot be transferred in**
4. **\*You cannot take this same course twice to count for both Aerobic and Strength Training requirement**
5. **You should complete required KINE 199’s before taking others for fun**

#### **IV. PROGRESS TOWARDS DEGREE**

Student Rule 1.5.1 states, “A student is expected to register for a schedule of courses that follows the program of study for a degree in his or her college. A student who elects not to follow the program of study must obtain approval from his or her academic advisor. A student who fails to obtain approval may be held from registration, removed from the inappropriate course(s) and/or required to register for a prescribed schedule of courses” Periodically advisors will check to make sure you are taking classes towards your degree. If you are planning on changing majors or taking prerequisites for professional school, please let your advisor know.

#### **V. UNDERGRADUATE DEGREE PLANNER REQUIREMENT**

All students are required by TEC§51.9685 (formerly House Bill 3025) to complete an online undergraduate degree plan once every year until graduation. The Undergraduate Degree Planner and a guide are in Howdy on the My Record tab under the Undergraduate Degree Planner channel. This is not a substitute for advising and approval of your Undergraduate Degree Planner does NOT ensure you are meeting all of the requirements for graduation. The Degree Planner typically opens for submission on March 1<sup>st</sup> and is due for the Health & Kinesiology by August 1<sup>st</sup>. The Degree Planner is accessible at any time to plan future semesters.

#### **VI. REQUIREMENTS FOR ADMISSION TO THE GRADUATE PHASE OF THE PROGRAM**

1. Submit application form to the MSAT program by February 1<sup>st</sup> of your junior year
  - a. Students must follow the same MSAT application procedures as traditional applicants
2. Minimum undergraduate GPA of 3.25 for undergraduate and graduate coursework counting on the undergraduate degree plan
3. Applicants must have received a “B” or better in the following courses:
  - a. ATTR 201, ATTR 202, ATTR 301 and ATTR 302
4. Students not accepted into the graduate phase of the BS-KINE/MS-ATTR program will complete the remaining requirements for the BS degree in Kinesiology in a concentration that is most suitable to their needs (e.g., Motor Behavior or Applied Exercise Physiology) so long as they are meeting Kinesiology degree requirements. These students may apply to the traditional MS-ATTR graduate degree program.

#### **VII. REQUIREMENTS FOR GRADUATION**

1. Minimum GPR requirement: 3.25 overall at A&M.
2. A grade of “C” or better must be made in each of the following: ENGL/COMM, Math and Science foundation, HLTH and KINE courses, and Professional Development Electives courses. This applies to those courses taken at Texas A&M and those courses taken elsewhere and transferred to Texas A&M.
3. A grade of “B” or better must be made in each of the following: ATTR 201, ATTR 202, ATTR 301 and ATTR 302.
4. Students continuing into the 4<sup>th</sup> year of the BS-KINE/MS-ATTR program must finish the entire 156 hours to obtain both the Bachelor’s and Master’s degrees. These students will be conferred with two degrees once they complete the 5<sup>th</sup> year of the concurrent program.
  - a. Students will take 96 hours of undergraduate courses, and 60 hours of graduate course work, of which 24 hours will be applied to the undergraduate degree.
5. Students in the BS-KINE/MS-ATTR program will be required to complete the same two-year, 60 hours curriculum as other students admitted to the MSAT program.
6. Apply for Graduation and pay diploma fee the semester you are graduating.
7. Graduation: both Bachelor’s and Master’s degrees conferred upon completion of Year 5
8. More information can be found on <http://graduation.tamu.edu/>

*\*Everything in this degree plan packet is subject to change\**

## FLOW CHART BS-KINE & MS-ATTR (ETR) CATALOG 142

The flow chart below is designed to provide a guide to the student to help them determine when they should take certain courses. Everything on here is subject to change. See back of this sheet for courses laid out in a four-year plan.

- Arrows denote prerequisite courses
- All **BOLD** courses must be completed prior to admission in the Professional Phase
- Students may not take courses in the last column until they have been admitted to Professional Phase
- See the General Rules handout for more information regarding admission to the Professional Phase
- See the General Rules handout for more information regarding admission to the Graduate program

Courses with no prerequisites Can typically be taken Year 1 & 2	Courses with prerequisites or upper level standing required.	Professional Phase Courses	Associated Graduate Work (Must first be accepted to Graduate Program)
<b>ENGL 104</b> <b>MATH 140/141</b> <b>MATH 142</b> HIST* HIST* POLS 206 POLS 207 PSYC 107 ATTR 201 → KINE 199 Strength Training #^ KINE 199 Aerobic #^ <b>KINE 121#</b> <b>KINE 213</b> HLTH 216 HLTH 231 HLTH 354 NFSC 202 Creative Arts Elective* Lang, Phil & Cult Elective*	<b>ENGL/COMM</b>        ATTR 202 ↓ ATTR 301 ↓ ATTR 302	KINE 426 KINE 433 KINE 435+ KINE 482+	ATTR 651 ATTR 652 ATTR 653 ATTR 660 ATTR 661 ATTR 662 ATTR 663 ATTR 668 ATTR 669 KINE 601 KINE 681
<b>BIOL 111</b> →	BIOL 112 ↓ <b>BIOL 319#</b> ↓ <b>BIOL 320#</b>		
<b>CHEM 119</b> ←	<b>CHEM 120</b>		
<b>PHYS 201</b> →	<b>PHYS 202</b>		

→ Denotes prerequisite

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^See General Rules and/or Spreadsheet for list of acceptable courses

#These courses must be taken at Texas A&M University

+KINE 435 and KINE 482 will fulfill the University Core Curriculum Writing Requirement

KINE 435 should be taken with or after KINE 433