

This degree plan packet is meant to be a resource for current students at Texas A&M University.

If you are a prospective freshman or transfer student and would like to see if the courses listed in this packet coincide with courses you have taken or are looking to take outside of Texas A&M, please utilize one of the following resources:

Texas A&M University Transfer Course Equivalency Site

<https://compassx-ssb.tamu.edu/HCA/ssb/transferCourseEquivalency#!/>

Texas Common Course Numbering System

<https://www.tccns.org/>

**TEXAS A&M UNIVERSITY
DEPARTMENT OF HEALTH & KINESIOLOGY
B.S. DEGREE PLAN IN KINESIOLOGY – EXERCISE SCIENCE
MOTOR BEHAVIOR (MTB)**

STUDENT _____ UIN# _____
(Last) (First) (MI)

Writing Requirements: KINE 407 & KINE 435 Foreign Language: (2 yrs HS or 2 semesters University) _____

International Cultural Diversity (3) _____ Cultural Discourse (3) _____ Phone Number _____

COURSE #	HRS	GRD	COURSE #	HRS	GRD
ENGLISH & SPEECH (6)			KINESIOLOGY (27)		
ENGL 103 or 104 – Comp & Rhetoric	3		KINE 199 #^Strength Training	1	
ENGL 210 or COMM 203^	3		KINE 199 #^Aerobic	1	
MATH (6)			KINE 121# – Phys & Motor Fitn Assess	2	
MATH 140 – Business & Social Sci.	3		KINE 213 – Foundations of Kinesiology	3	
MATH 142 – Business Calculus	3		KINE 307 – Lifespan Motor Dev	3	
SCIENCE (32)			KINE 318 – Athletic Injuries	3	
BIOL 111 – Introductory Biology I	4		KINE 406 – Motor Learning & Skill Perf	3	
BIOL 112 – Introductory Biology II	4		KINE 407 – Motor Learning Lab +	1	
CHEM 119 – Fund of Chemistry I	4		KINE 426 – Exercise Biomechanics	4	
CHEM 120 – Fund of Chemistry II	4		KINE 427 – Therapeutic Principles	3	
PHYS 201 – College Physics I	4		KINE 433 – Exercise Physiology	3	
PHYS 202 – College Physics II	4		KINE 435 – Physiology of Exercise Lab +	1	
BIOL 319# – Integ Hum Anat & Phys I	4				
BIOL 320# – Integ Hum Anat & Phys II	4				
CITIZENSHIP (12)			PROFESSIONAL DEVELOPMENT (27)		
HIST*	3		PSYC 306 – Abnormal Psychology	3	
HIST*	3		PSYC 307 – Developmental Psychology	3	
POLS 206 – American National Govt	3		SOCI 205 – Intro to Sociology	3	
POLS 207 – State and Local Govt	3		STAT 302 – Statistical Methods	3	
			^Prof Dev ELECTIVE	3	
SOCIAL SCIENCE (3)			^Prof Dev ELECTIVE	3	
PSYC 107 – Intro to Psychology	3		^Prof Dev ELECTIVE	3	
CREATIVE ARTS (3)*			^Prof Dev ELECTIVE	3	
	3		^Prof Dev ELECTIVE	3	
LANGUAGE, PHIL & CULTURE ELECTIVE (3)*					
	3				

Important Information:

BOLD courses indicate prerequisite classes that **MUST** be taken before the **Shaded** KINE courses

*Refer to core.tamu.edu to select courses to satisfy the University Core Curriculum. Proper selection of courses might meet ICD or CD requirements

^See General Rules and Curriculum spreadsheet for list of acceptable courses.

#These courses must be taken at Texas A&M University

+KINE 407 and 435 will fulfill the University Core Curriculum Writing Requirement; Must be taken with or after corresponding lecture

STUDENT _____ DATE _____

MINIMUM HOURS REQUIRED: 120

ADVISOR _____ DATE _____

PROPOSED GRAD. DATE:

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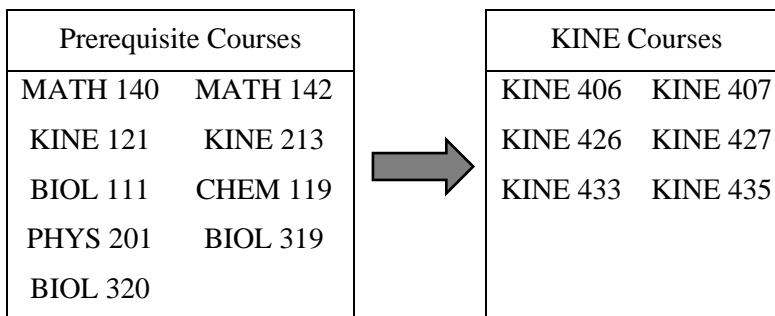
THIS GUIDE IS INTENDED TO ASSIST IN SCHEDULING. EVERYTHING IS SUBJECT TO CHANGE.

COURSE	PRE-REQUISITE	CLASS	SUBSTITUTE	MIN GRADE	Detailed Information
ENGL 104		U1-U2	ENGL 103	C	Must take as U1 or U2 at TAMU, otherwise you will have to transfer this course in
ENGL/COMM		U1-U4		C	Choose from ENGL 210 or COMM 203*, 205, 243. *PT School Recommended
MATH 140		U1-U4	MATH 148, 152, 168, 172	C	Prerequisite course for KINE 406, 407, 426, 427, 433, & 435
MATH 142	MATH 140	U1-U4	MATH 147, 151, 171	C	Prerequisite course for KINE 406, 407, 426, 427, 433, & 435; Certain TAMU MPE scores can be used as the pre-req. See Math dept. for deta
BIOL 111		U1-U4	NONE	C	Prerequisite course for KINE 406, 407, 426, 427, 433, & 435
BIOL 112	BIOL 111	U1-U4	BIOL 107	C	
CHEM 119		U1-U4	NONE	C	Prerequisite course for KINE 406, 407, 426, 427, 433, & 435
CHEM 120	CHEM 119	U1-U4	NONE	C	
PHYS 201		U1-U4	NONE	C	Prerequisite course for KINE 406, 407, 426, 427, 433, & 435
PHYS 202	PHYS 201	U1-U4	NONE	C	
BIOL 319	BIOL 111 & 112 or 107	U1-U4	NONE	C	Prerequisite course for KINE 406, 407, 426, 427, 433, & 435; Must be taken at Texas A&M
BIOL 320	BIOL 319	U1-U4	NONE	C	Prerequisite course for KINE 406, 407, 426, 427, 433, & 435; Must be taken at Texas A&M
HIST - 3 hrs		U1-U4		D	See core.tamu.edu
HIST - 3 hrs		U1-U4		D	See core.tamu.edu
POLS 206		U1-U4	NONE	D	
POLS 207		U1-U4	NONE	D	
PSYC 107		U1-U4	NONE	C	
**Creative Arts Elective		U1-U4		D	See core.tamu.edu; Some courses may also meet International Cultural Diversity or Cultural Discourse requirements
**Language, Phil & Culture Elective		U1-U4		D	See core.tamu.edu; Some courses may also meet International Cultural Diversity or Cultural Discourse requirements
KINE 199		U1-U4		C	Must not take Pass/Fail (S/U). Aerobic Requirement - See General Rule's for list; Must be taken at Texas A&M
KINE 199		U1-U4		C	Must not take Pass/Fail (S/U). Strength Training Req - See General Rule's for list; Must be taken at Texas A&M
KINE 121		U1-U4	NONE	C	Prerequisite course for KINE 406, 407, 426, 427, 433, & 435; Must be taken at Texas A&M
KINE 213		U1-U4	NONE	C	Prerequisite course for KINE 406, 407, 426, 427, 433, & 435
KINE 307		U3-U4	NONE	C	
KINE 318	BIOL 319	U3-U4	NONE	C	
KINE 406	Bolded Courses	U3-U4	NONE	C	Must have completed prerequisites to take
KINE 407+	Bolded Courses & KINE 406	U3-U4	NONE	C	Must have completed prerequisites to take; Must take with or after KINE 406; Writing Intensive Course
KINE 426	Bolded Courses	U3-U4	NONE	C	Must have completed prerequisites to take
KINE 427	Bolded Courses	U3-U4	NONE	C	Must have completed prerequisites to take
KINE 433	Bolded Courses	U3-U4	NONE	C	Must have completed prerequisites to take
KINE 435+	Bolded Courses & KINE 433	U3-U4	NONE	C	Must have completed prerequisites to take; Must take with or after KINE 433; Writing Intensive Course
PSYC 306	PSYC 107	U3-U4	NONE	C	
PSYC 307	PSYC 107	U3-U4	PSYC 2314	C	Cannot take both PSYC 2314 and PSYC 307 to count towards degree or PSYC minor
SOCI 205		U1-U4	NONE	C	
STAT 302	MATH 140 or 142	U1-U4	STAT 303	C	
Professional Development Electives - 15 HRS		U1-U4		C	Select from Directed Electives list on General Rules sheet; Some courses may have prerequisites; Work with OPSA to determine specific prereqs needed for admission to professional school http://careercenter.tamu.edu/Resources/Professional-School
+Writing Course Requirement					
** Proper selection might also meet International Cultural Diversity and/or Cultural Discourse requirements - see core.tamu.edu					

**GENERAL RULES
MOTOR BEHAVIOR (MTB)
CATALOG 202031**

I. COURSE SEQUENCING AND PREREQUISITES

The Kinesiology curriculum is sequenced, meaning you must complete certain prerequisite courses prior to enrolling in certain 400 level KINE courses. The purpose of course sequencing is to present material in a logical way that helps lay the foundation for students to be successful in the courses that follow. The prerequisites must be completed with a C or better before students can enroll in KINE 406, 407, 427, 426, 433, and 435. Students will not be permitted to enroll in these courses without completing the prerequisites.



II. DESIGNATED ELECTIVES FOR MOTOR BEHAVIOR OPTION

BICH 410 – Comp Biochemistry I (3)	HLTH 231 – Healthy Lifestyles (3)
BICH 412 – Biochemistry Lab I (1)	#HLTH 335 – Human Diseases (3)
BICH 411 – Biochemistry II (3)	#HLTH 353 – Drugs & Society (3)
BIOL 206 – Introductory Microbiology (4)	HLTH 354 – Medical Terminology (3)
BIOL 213 – Molecular Cell Biology (3)	KINE 285 – <u>Learning Community Section Only</u> (1)
BIOL 351– Fundamentals of Microbiology (4)	KINE 305 – Sport Nutrition (3)
BIOL 405 – Comparative Endocrinology (3)	KINE 340 – Strength and Conditioning (3)
BIOL 434 – Reg & Behave Neuroscience (3)	*KINE 485 – Directed Studies (0-4)
BIOL 454 – Immunology (3)	*KINE 491 – Undergrad Research (0-4)
COMM 370 – Health Communication	NFSC 202 – Fundamentals of Nutrition (3)
CHEM 227/237 – Organic Chem I and Lab (3/1)	Any 300-499 level NFSC Course
CHEM 228/238 – Organic Chem II and Lab (3/1)	Any 300-499 level PSYC Course
GENE 301/312 – Comprehensive Genetics (3/1) or	PHIL 111 – Contemporary Moral Issues (3)
GENE 320 Biomedical Genetics (3)	PHIL 251 – Introduction to Philosophy (3)
GENE 310 – Principles of Heredity (3)	PHIL 480 – Medical Ethics (3)
HLTH 240 – COMP Tech in HLTH/KINE (3) or	^SPMT 304 – Psychology of Sport (3)
ISTM 209 – BUSN INFO System Concept (3)	VTPB 409 – Introduction to Immunology (3)
	VTPP 425 – Pharmacology (3)
“#” = Must complete bolded course prerequisites “*” = Must have instructor approval “^” = Cannot take both SPMT 304 and PSYC 304	NOTE: SOME ELECTIVES MAY HAVE COURSE RESTRICTIONS OR PREREQUISITES THAT MUST BE MET IN ORDER TO ENROLL IN THE CLASS
Careful selection of electives can allow you to fulfill Professional School requirements. Check with the Professional School Advising office for these requirements at 979-847-8938 or http://opsa.tamu.edu/	

III. KINE 199 REQUIREMENTS FOR MTB

Aerobic Requirement	Strength Training Requirement
Action Ball	Boot Camp*
Aerobic Movement	Majors Resist/Flex
Aerobic Running/Walking	Obstacle Course*
Majors Aquatics	Pilates
Badminton/Racquetball/Pickleball	Strength Training
Basketball	Tone and Flex
Boot Camp*	X-Fit/Extreme Fitness
Cardio Fitness Swimming	Yoga
Cardio Kickboxing	
Handball	
Indoor Cycling	
Majors Fitness	
Obstacle Course*	
Soccer	
Step	
Trail Running	
Triathlon Training	
Zumba	

Here are the rules that apply to your KINE 199 requirements

1. **You must take at least one KINE 199 from each column**
2. **You must take these courses for a grade. They cannot be taken Pass/Fail**
3. **You must take these courses at Texas A&M. These courses cannot be transferred in**
4. ***You cannot take this same course twice to count for both Aerobic and Strength Training requirement**
5. **You should complete required KINE 199's before taking others for fun**

IV. PROGRESS TOWARDS DEGREE

Student Rule 1.5.1 states, “A student is expected to register for a schedule of courses that follows the program of study for a degree in his or her college. A student who elects not to follow the program of study must obtain approval from his or her academic advisor. A student who fails to obtain approval may be held from registration, removed from the inappropriate course(s) and/or required to register for a prescribed schedule of courses”

Periodically advisors will check to make sure you are taking classes towards your degree. If you are planning to change majors or take prerequisites for professional school, please let your advisor know.

V. UNDERGRADUATE DEGREE PLANNER REQUIREMENT

All students are required by TEC§51.9685 (formerly House Bill 3025) to complete an online undergraduate degree plan once every year until graduation. The Undergraduate Degree Planner and a guide to complete it are in Howdy on the My Record tab under the Undergraduate Degree Planner channel. This is not a substitute for advising and approval of your Undergraduate Degree Planner does NOT ensure you are meeting all of the requirements for graduation. The Degree Planner opens for submission on March 1st and is due for the Health & Kinesiology students by August 1st. The Degree Planner is accessible at any time to plan future semesters. **NOTE:** When students complete 30+ credit hours they will be notified and required to complete and submit their undergraduate degree planner, even if it is their first semester. The degree planner must be approved before you can register for the following semesters courses.

VI. REQUIREMENTS FOR GRADUATION

1. Submit departmental *Intent to Graduate* form (<http://mycehd.tamu.edu/students/undergraduate-forms/#hlkn>) by the deadline (announced each semester): **two (2) semesters before graduation semester.**
2. Minimum GPR requirement: 2.5 overall at Texas A&M.
3. Complete all required coursework with the minimum required grade.
4. Apply for graduation and pay the diploma fee the semester you are graduating.
5. Transfer all applicable courses to Texas A&M by the registrars deadline.
6. More information can be found on <http://graduation.tamu.edu/>

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This degree plan has been laid out showing students the number of hours they should take each semester in order to complete the degree in four years. This is a *suggested* plan, students may opt to take their courses differently based on their individual situation. Students should use this document in conjunction with the curriculum spreadsheet, a copy of their degree plan, and meeting with their academic advisor when scheduling courses each semester. Students should be mindful that they need to complete all of the bolded prerequisite courses before they will be allowed to take the shaded upper level KINE courses.

First Fall		First Spring		First Summer	
Course	Cr Hrs	Course	Cr Hrs	Course	Cr Hrs
BIOL 111	4	BIOL 112	4	PHYS 201	4
Select One: Math 140, 148, 152, 168, 172	3	Select One: Math 142, 147, 151, 171	3		
KINE 213	3	ENGL 103 or 104	3		
*American History	3	*American History	3		
#KINE 199	1	#KINE 121	2		
TOTAL	14	TOTAL	15	TOTAL	4

Second Fall		Second Spring		Second Summer	
Course	Cr Hrs	Course	Cr Hrs	Course	Cr Hrs
CHEM 119	4	CHEM 120	4	PHYS 202	4
PSYC 107	3	^Professional Development Elective	3		
POLS 206	3	Select One: ENGL 210 or COMM 203, 205, 243	3		
*Creative Arts	3	SOCI 205	3		
^Professional Development Elective	3	#KINE 199	1		
TOTAL	16	TOTAL	14	TOTAL	4

Third Fall		Third Spring		Third Summer	
Course	Cr Hrs	Course	Cr Hrs	Course	Cr Hrs
#BIOL 319	4	#BIOL 320	4		
KINE 307	3	KINE 318	3		
PSYC 306	3	PSYC 307	3		
POLS 207	3	*Language, Philosophy, Culture	3		
TOTAL	13	TOTAL	13	TOTAL	0

Fourth Fall		Fourth Spring		Fourth Summer	
Course	Cr Hrs	Course	Cr Hrs	Course	Cr Hrs
KINE 433	3	KINE 426	4		
+KINE 435	1	KINE 406	3		
KINE 427	3	+KINE 407	1		
STAT 302 or 303	3	^Professional Development Elective	3		
^Professional Development Elective	3	^Professional Development Elective	3		
TOTAL	13	TOTAL	14	TOTAL	0

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^See General Rules and Curriculum spreadsheet for list of acceptable courses.

#These courses must be taken at Texas A&M University

+KINE 407 and 435 will fulfill the University Core Curriculum Writing Requirement; Must be taken with or after corresponding lecture