

This degree plan packet is meant to be a resource for current students at Texas A&M University.

If you are a prospective freshman or transfer student and would like to see if the courses listed in this packet coincide with courses you have taken or are looking to take outside of Texas A&M, please utilize one of the following resources:

**Texas A&M University Transfer Course Equivalency Site**

<https://compassx-ssb.tamu.edu/HCA/ssb/transferCourseEquivalency#!/>

**Texas Common Course Numbering System**

<https://www.tccns.org/>

**TEXAS A&M UNIVERSITY  
DEPARTMENT OF HEALTH & KINESIOLOGY  
B.S. DEGREE PLAN IN KINESIOLOGY  
BS-KINE/MS-ATTR (ETR)**

STUDENT \_\_\_\_\_ UIN# \_\_\_\_\_  
(Last) (First) (MI)

Writing Requirement KINE 435 & HLTH 482 Foreign Language (2 yrs HS OR 2 semesters University) \_\_\_\_\_

International Cultural Diversity (3) \_\_\_\_\_ Cultural Discourse (3) \_\_\_\_\_ Phone Number \_\_\_\_\_

COURSE #	HRS	GRD	COURSE #	HRS	GRD
ENGLISH & SPEECH (6)			KINESIOLOGY (18)		
ENGL 103 <i>or</i> 104 – Comp & Rhetoric	3		KINE 199 #^ Strength Training	1	
ENGL 210 <i>or</i> COMM 203^	3		KINE 199 #^ Aerobic	1	
MATH (6)			<b>KINE 121# – Phys &amp; Motor Fitn Assess</b>		
<b>MATH 140 - Business &amp; Social Sci</b>	3		<b>KINE 213 – Foundations of Kinesiology</b>	3	
<b>MATH 142 – Business Calculus</b>	3		HLTH 216 – First Aid	2	
SCIENCE (32)			KINESIOLOGY (9)		
<b>BIOL 111 – Introductory Biology I</b>	4		HLTH 231 – Healthy Lifestyles	3	
BIOL 112 – Introductory Biology II	4		HLTH 354 – Medical Terminology	3	
<b>CHEM 119 – Fund of Chemistry I</b>	4		NFSC 202 – Fund of Human Nutrition	3	
CHEM 120 – Fund of Chemistry II	4				
<b>PHYS 201 – College Physics I</b>	4		HLTH 482 – Writing Seminar +	1	
PHYS 202 – College Physics II	4		KINE 426 – Exercise Biomechanics	4	
<b>BIOL 319# – Integ Hum Anat &amp; Phys I</b>	4		KINE 433 – Exercise Physiology	3	
<b>BIOL 320# – Integ Hum Anat &amp; Phys II</b>	4		KINE 435 – Physiology of Exercise Lab +	1	
CITIZENSHIP (12)			ASSOCIATED GRADUATE WORK (24)%		
HIST*	3		ATTR 651 – Clin Edu I	2	
HIST*	3		ATTR 652 – Clin Educ II	3	
POLS 206 – American National Govt	3		ATTR 653 – Clin Educ III	3	
POLS 207 – State and Local Govt	3		ATTR 660 – Prev and Care	3	
SOCIAL SCIENCE (3)			ATTR 661 – Prev and Care Lab		
PSYC 107 – Intro to Psychology	3		ATTR 662 – Clin Exam and Diag	3	
CREATIVE ARTS (3)*			ATTR 663 – Clin Exam and Diag Lab		
	3		ATTR 668 – Therapeutic Modalities	3	
LANGUAGE, PHIL & CULTURE ELECTIVE (3)*			ATTR 669 – Ther Modalities Lab		
	3		ATTR 699 – Reading Research	3	
ATHLETIC TRAINING FIELD WORK (4)			KINE 681 – Seminar		
ATTR 201 – Field Exp in Ath Tr I	1			1	
ATTR 202 – Field Exp in Ath Tr II	1				
ATTR 301 – Field Exp in Ath Tr I	1				
ATTR 302 – Field Exp in Ath Tr II	1				

**Important Information:**

**BOLD** courses indicate prerequisite classes that **MUST** be taken before the **Shaded** KINE courses

\*Refer to [core.tamu.edu](http://core.tamu.edu) to select courses to satisfy the University Core Curriculum. Proper selection of courses might meet ICD or CD requirements

^See General Rules and Curriculum spreadsheet for list of acceptable courses.

#These courses must be taken at Texas A&M University

+KINE 435 and HLTH 482 will fulfill the University Core Curriculum Writing Requirement; Must be taken with or after corresponding lecture

% Graduate course work listed on this degree plan represents the Masters level course work that will be applied to the Bachelors degree. There will be an additional 36 hours of graduate course work required to meet Master's degree requirements beyond what is listed

All 100-499 level coursework (96 hours) must be completed within three years

STUDENT \_\_\_\_\_ DATE \_\_\_\_\_ MINIMUM HOURS REQUIRED: 120

ADVISOR \_\_\_\_\_ DATE \_\_\_\_\_ PROPOSED GRAD. DATE: \_\_\_\_\_

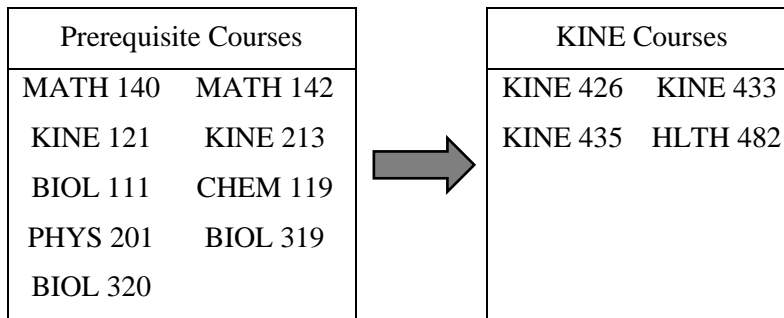
## BS-KINE MS-ATTR Catalog 202031

THIS GUIDE IS INTENDED TO ASSIST IN SCHEDULING. EVERYTHING IS SUBJECT TO CHANGE.					
COURSE	PRE-REQUISITE	CLASS	SUBSTITUTE	MIN GRADE	Detailed Information
ENGL 104		U1-U2	ENGL 103	C	Must take as U1 or U2 at TAMU, otherwise you will have to transfer this course in
ENGL/COMM		U1-U4		C	Choose from ENGL 210* or COMM 203, 205, 243. *Med School Recommended
<b>MATH 140</b>		U1-U4	MATH 148, 152, 168, 172	C	<b>Prerequisite course for KINE 426, 433, 435 &amp; HLTH 482</b>
<b>MATH 142</b>	MATH 140	U1-U4	MATH 147, 151, 171	C	<b>Prerequisite course for KINE 426, 433, 435 &amp; HLTH 482. Certain TAMU MPE scores can be used as the pre-req. See Math dept. for details</b>
<b>BIOL 111</b>		U1-U4	NONE	C	<b>Prerequisite course for KINE 426, 433, 435 &amp; HLTH 482</b>
BIOL 112	BIOL 111	U1-U4	BIOL 107	C	
<b>CHEM 119</b>		U1-U4	NONE	C	<b>Prerequisite course for KINE 426, 433, 435 &amp; HLTH 482</b>
CHEM 120	CHEM 119	U1-U4	NONE	C	
<b>PHYS 201</b>		U1-U4	NONE	C	<b>Prerequisite course for KINE 426, 433, 435 &amp; HLTH 482</b>
PHYS 202	PHYS 201	U1-U4	NONE	C	
<b>BIOL 319</b>	BIOL 111 & 112 or 107	U1-U4	NONE	C	<b>Prerequisite course for KINE 426, 433, 435 &amp; HLTH 482; Must be taken at Texas A&amp;M</b>
<b>BIOL 320</b>	BIOL 319	U1-U4	NONE	C	<b>Prerequisite course for KINE 426, 433, 435 &amp; HLTH 482; Must be taken at Texas A&amp;M</b>
HIST - 3 hrs		U1-U4		D	See core.tamu.edu
HIST - 3 hrs		U1-U4		D	See core.tamu.edu
POLS 206		U1-U4	NONE	D	
POLS 207		U1-U4	NONE	D	
PSYC 107		U1-U4	NONE	C	
**Creative Arts Elective		U1-U4		D	See core.tamu.edu Some courses may meet International Cultural Diversity or Cultural Discourse requirements
**Language, Phil & Culture Elective		U1-U4		D	See core.tamu.edu Some courses may meet International Cultural Diversity or Cultural Discourse requirements
ATTR 201		U1-U4	NONE	B	Must take Fall semester of second year
ATTR 202	ATTR 201	U1-U4	NONE	B	Must take Spring semester of second year
ATTR 301	ATTR 202	U3-U4	NONE	B	Must take Fall semester of third year
ATTR 302	ATTR 301	U3-U4	NONE	B	Must take Spring semester of third year
KINE 199		U1-U4		C	Must not take Pass/Fail (S/U). Aerobic Requirement - See General Rule's for list; Must be taken at Texas A&M
KINE 199		U1-U4		C	Must not take Pass/Fail (S/U). Strength Training Req - See General Rule's for list; Must be taken at Texas A&M
<b>KINE 121</b>		U1-U4	NONE	C	<b>Prerequisite course for KINE 426, 433, 435 &amp; HLTH 482; Must be taken at Texas A&amp;M</b>
<b>KINE 213</b>		U1-U4	NONE	C	<b>Prerequisite course for KINE 426, 433, 435 &amp; HLTH 482</b>
HLTH 216		U3-U4	NONE	C	
HLTH 231		U3-U4	NONE	C	
HLTH 354		U1-U4	NONE	C	
NFSC 202		U1-U4	NONE	C	
HLTH 482+	<b>Bolded Courses</b>	U3-U4	NONE	Pass (S)	<b>Must have completed prerequisites to take. Must take Pass/Fail (S/U); Writing Intensive Course</b>
KINE 426	<b>Bolded Courses</b>	U3-U4	NONE	C	<b>Must have completed prerequisites to take</b>
KINE 433	<b>Bolded Courses</b>	U3-U4	NONE	C	<b>Must have completed prerequisites to take</b>
KINE 435+	<b>KINE 433</b>	U3-U4	NONE	C	<b>Must have completed prerequisites to take. Must take with or after KINE 433; Writing Intensive Course</b>
ATTR 600's	All undergraduate coursework	G7	NONE	B	Must be accepted into Masters portion of the degree (MS-ATTR); Will work with graduate advisor for these courses
KINE 600's	All undergraduate coursework	G7	NONE	B	Must be accepted into Masters portion of the degree (MS-ATTR); Will work with graduate advisor for these courses
-Writing Course Requirement					
** Proper selection might also meet International Cultural Diversity and Cultural Discourse requirements - see core.tamu.edu					

**GENERAL RULES  
BS-KINE & MS-ATTR (ETR)  
CATALOG 202031**

**I. COURSE SEQUENCING AND PREREQUISITES**

The Kinesiology curriculum is sequenced, meaning you must complete certain prerequisite courses prior to enrolling in certain 400 level KINE and HLTH courses. The purpose of course sequencing is to present material in a logical way that helps lay the foundation for students to be successful in the courses that follow. The prerequisites must be completed with a C or better before students can enroll in KINE 426, 433, 435 and HLTH 482. Students will not be permitted to enroll in these courses without completing the prerequisites.



**II. DESIGNATED ELECTIVES FOR ETR OPTION**

ETR does not have general electives. Instead of electives, students take Athletic Training fieldwork and Graduate level courses.

**III. KINE 199 REQUIREMENTS FOR ETR**

Aerobic Requirement	Strength Training Requirement
Action Ball	Boot Camp*
Aerobic Movement	Majors Resist/Flex
Aerobic Running/Walking	Obstacle Course*
Majors Aquatics	Pilates
Badminton/Racquetball/Pickleball	Strength Training
Basketball	Tone and Flex
Boot Camp*	X-Fit/Extreme Fitness
Cardio Fitness Swimming	Yoga
Cardio Kickboxing	
Handball	
Indoor Cycling	
Majors Fitness	
Obstacle Course*	
Soccer	
Step	
Trail Running	
Triathlon Training	
Zumba	

Here are the rules that apply to your KINE 199 requirements

- 1. You must take at least one KINE 199 from each column**
- 2. You must take these courses for a grade. They cannot be taken Pass/Fail**
- 3. You must take these courses at Texas A&M. These courses cannot be transferred in**
- 4. \*You cannot take this same course twice to count for both Aerobic and Strength Training requirement**
- 5. You should complete required KINE 199's before taking others for fun**

#### **IV. PROGRESS TOWARDS DEGREE**

Student Rule 1.5.1 states, “A student is expected to register for a schedule of courses that follows the program of study for a degree in his or her college. A student who elects not to follow the program of study must obtain approval from his or her academic advisor. A student who fails to obtain approval may be held from registration, removed from the inappropriate course(s) and/or required to register for a prescribed schedule of courses”

Periodically advisors will check to make sure you are taking classes towards your degree. If you are planning to change majors or take prerequisites for professional school, please let your advisor know.

#### **V. UNDERGRADUATE DEGREE PLANNER REQUIREMENT**

All students are required by TEC§51.9685 (formerly House Bill 3025) to complete an online undergraduate degree plan once every year until graduation. The Undergraduate Degree Planner and a guide to complete it are in Howdy on the My Record tab under the Undergraduate Degree Planner channel. This is not a substitute for advising and approval of your Undergraduate Degree Planner does NOT ensure you are meeting all the requirements for graduation. The Degree Planner opens for submission on March 1<sup>st</sup> and is due for the Health & Kinesiology students by August 1<sup>st</sup>. The Degree Planner is accessible at any time to plan future semesters. **NOTE:** When students complete 30+ credit hours they will be notified and required to complete and submit their undergraduate degree planner, even if it is their first semester. The degree planner must be approved before you can register for the following semesters courses.

#### **VI. REQUIREMENTS FOR ADMISSION TO THE GRADUATE PHASE OF THE PROGRAM**

1. Submit application forms to the MSAT program by February 1<sup>st</sup> of your junior year
2. Minimum undergraduate GPA of 3.25 for undergraduate and graduate coursework counting on the undergraduate degree plan
3. Applicants must have received a “B” or better in the following courses:
  - a. ATTR 201, ATTR 202, ATTR 301 and ATTR 302
4. Students not accepted into the graduate phase of the BS-KINE/MS-ATTR program will complete the remaining requirements for the BS degree in Kinesiology in a concentration that is most suitable to their needs (e.g., Motor Behavior or Applied Exercise Physiology) so long as they are meeting Kinesiology degree requirements. These students may apply to the traditional MS-ATTR graduate degree program.

#### **VII. REQUIREMENTS FOR GRADUATION**

1. Minimum GPR requirement: 3.25 overall at A&M.
2. Complete all required coursework with the minimum required grade.
3. A grade of “B” or better must be made in each of the following: ATTR 201, ATTR 202, ATTR 301 and ATTR 302.
4. Students continuing into the 4<sup>th</sup> year of the BS-KINE/MS-ATTR program must finish the entire 156 hours to obtain both the Bachelor’s and Master’s degrees. These students will be conferred with two degrees once they complete the 5<sup>th</sup> year of the concurrent program.
  - a. Students will take 96 hours of undergraduate courses, and 60 hours of graduate course work, of which 24 hours will be applied to the undergraduate degree.
5. Students in the BS-KINE/MS-ATTR program will be required to complete the same two-year, 60 hours curriculum as other students admitted to the MSAT program.
6. Apply for Graduation and pay diploma fee the semester you are graduating.
7. Graduation: both Bachelor’s and Master’s degrees conferred upon completion of Year 5
8. More information can be found on <http://graduation.tamu.edu/>

*\*Everything in this degree plan packet is subject to change\**

# BS-KINE/MS-ATTR (ETR) Catalog 202031

This degree plan has been laid out showing students the number of hours they should take each semester to complete the undergraduate portion of the degree in three years. This is a *suggested* plan, students may opt to take their courses differently based on their individual situation. Students should use this document in conjunction with the curriculum spreadsheet, a copy of their degree plan, and meeting with an academic advisor when scheduling courses each semester. Students should be mindful that they need to complete all of the bolded prerequisite courses before they can take the shaded upper level KINE courses.

First Fall		First Spring		First Summer	
Course	Cr Hrs	Course	Cr Hrs	Course	Cr Hrs
<b>BIOL 111</b>	<b>4</b>	BIOL 112	4	<b>PHYS 201</b>	<b>4</b>
<b>Select One: Math 140, 148, 152, 168, 172</b>	<b>3</b>	<b>CHEM 119</b>	<b>4</b>		
ENGL 103 or 104	3	<b>KINE 213</b>	<b>3</b>		
PSYC 107	3	POLS 206	3		
<b>#KINE 121</b>	<b>2</b>				
<b>TOTAL</b>	<b>15</b>	<b>TOTAL</b>	<b>14</b>	<b>TOTAL</b>	<b>4</b>

Second Fall		Second Spring		Second Summer	
Course	Cr Hrs	Course	Cr Hrs	Course	Cr Hrs
CHEM 120	4	<b>#BIOL 319</b>	<b>4</b>	PHYS 202	4
ATTR 201	1	ATTR 202	1		
<b>Select One: Math 142, 147, 151, 171</b>	<b>3</b>	*American History	3		
*American History	3	*Language, Philosophy, Culture	3		
HLTH 354	3	HLTH 231	3		
<b>#KINE 199</b>	<b>1</b>				
<b>TOTAL</b>	<b>15</b>	<b>TOTAL</b>	<b>14</b>	<b>TOTAL</b>	<b>4</b>

Third Fall		Third Spring		Third Summer (Summer Two)	
Course	Cr Hrs	Course	Cr Hrs	Course	Cr Hrs
<b>#BIOL 320</b>	<b>4</b>	ATTR 302	1	%Start Graduate Level Coursework	
ATTR 301	1	KINE 426	4		
HLTH 216	2	KINE 433	3		
Select One: ENGL 210 or COMM 203, 205, 243	3	+KINE 435	1		
*Creative Arts	3	+HLTH 482	1		
NFSC 202	3	POLS 207	3		
		<b>#KINE 199</b>	<b>1</b>		
<b>TOTAL</b>	<b>16</b>	<b>TOTAL</b>	<b>14</b>	<b>TOTAL</b>	<b>0</b>

**Important Information:**

**BOLD** courses indicate prerequisite classes that **MUST** be taken before the **Shaded** KINE courses

\*Refer to [core.tamu.edu](http://core.tamu.edu) to select courses to satisfy the University Core Curriculum. Proper selection of courses might meet ICD or CD requirements

^See General Rules and Curriculum spreadsheet for list of acceptable courses.

#These courses must be taken at Texas A&M University

+KINE 435 and HLTH 482 will fulfill the University Core Curriculum Writing Requirement; Must be taken with or after corresponding lecture

% Graduate course work represents the Masters level course work that will be applied to the Bachelors degree. There will be additional hours of graduate course work required to meet Master's degree requirements that is not listed. The above plan only lays out undergraduate course work associated with the degree plan. Graduate level courses are not notated in this layout. Graduate level courses will begin in the third summer and will end in the fifth spring semester.

All 100-499 level coursework (96 hours) must be completed within three years